




Monday	Tuesday	Wednesday	Thursday	Friday
<p>Multi-Sports 13-19 yrs 4-7 pm @ 3G pitches</p> <p> </p>	<p>Senior Youth Open Access Music Studio* 'Fun Fitness' session (6-7pm @ 3G pitches)</p> <p>Age: 15-19 yrs Time: 5.15 pm – 7.45 pm</p> <p>Employability project Age:15-19 yrs Time: 12- 8 pm</p>	<p>Girls and Young Women Age: 12-19 yrs Time: 4-7 pm</p> <p> empowering girls & young women</p>	<p>Youth Open Access Music Studio* Homework/ study support Boxercise (6.45-7.45 pm)</p> <p>Age: 12-16 yrs Time: 5.15 pm – 7.45 pm</p>	<p>Generations Project Open Access Arts Sports Age: 9-13 yrs Time: 4.15- 6.45 pm</p>

New timetable starting Monday 12th September 2016

Whats on offer ? Sports and physical activity sessions, arts and crafts, computer room, PS3, workshops, trips and much more * Music studio to be booked in advance.



JOHN LYON'S CHARITY



Camden


OAK
FOUNDATION

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